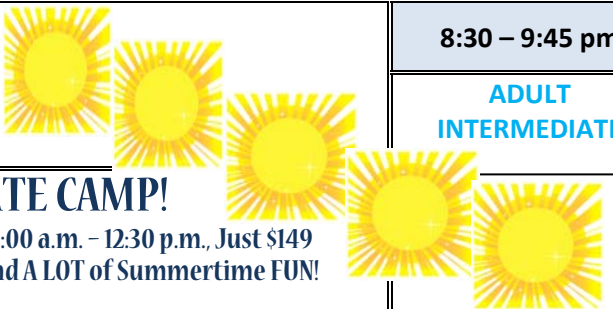



Brewster, NY

THE BUSHIDO SCHOOL OF KARATE

This schedule is effective
JUNE – AUGUST 2010 (B)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	<p>OPEN MAT TRAINING 6:30 pm to 9:00 p.m.</p> <p>Students at any level in their training may attend OPEN MAT!</p> <p>* Students under the age of eight (8) MUST be accompanied by a parent.</p>	1:15 – 2:00 pm	<p>New Class!</p>	1:15 – 2:00 pm	<p>CLOSED DURING</p> <p>JUNE</p> <p>JULY &</p> <p>AUGUST</p> <p>Have a Great Summer!</p>	
		CARDIO KICK-BOXING ←		CARDIO KICK-BOXING →		
5:00 – 5:45 pm			4:00 – 4:45 pm	5:15 – 6:00 pm		6:00 – 6:45 pm
KIDS BEGINNER ALL AGES			Little Eagles, Just for Toddlers	KIDS BEGINNER ALL AGES		KIDS BEGINNER & INTERMEDIATE
5:45 – 6:45 pm			5:30 – 6:15 pm	6:00 – 7:00 pm		6:45 – 7:45 pm
KIDS INTERMEDIATE ALL			KIDS BEGINNER ALL AGES	KIDS INTERMEDIATE ALL		ALL ADVANCED
6:45 – 7:45 pm			6:15 – 7:15 pm	7:00 – 7:45 pm		7:45 – 8:45 pm
ALL ADVANCED			KIDS INTERMEDIATE ALL	ALL ADVANCED		ADULT BEGINNER & INTERMEDIATE
7:45 – 8:30 pm			7:15 – 8:15 pm	7:45 – 8:30 pm		<p>EDUCATION NIGHTS will be scheduled for Saturday nights!</p>
ADULT BEGINNER			ALL ADVANCED	2 nd DEGREE		
8:30 – 9:15 pm		8:15 – 9:15 pm	8:30 – 9:15 pm	<p>BIRTHDAY PARTY'S!</p>		
ADULT INTERMEDIATE		ADULT BEGINNER & INTERMEDIATE	ADULT BEGINNER			
9:15 – 10:00 pm			8:30 – 9:45 pm		<p>CHANGE YOUR MIND CHANGE YOUR BODY BUSHIDO KARATE 1511 ROUTE 22 BREWSTER, NY (845) 279 - 8500 BUSHIDOKARATE.COM</p>	
Grappling & Sparring			ADULT INTERMEDIATE			
<p>SUMMER KARATE CAMP! Kids 7 – 12 yrs old , August 16th – 20th, 9:00 a.m. – 12:30 p.m., Just \$149 A great introduction to Martial Arts and A LOT of Summertime FUN!</p>						